IMPORTANT DATES **MARCH 2020**

- 3/2-6 Read Across America Week
- 3/3- Spirit Night at BJ's Brewhouse
- 3/6- Freezer **Pop Friday**
- 3/9- Astro Skate
- 3/10-2nd Grade Concert
- 3/12 & 13 -Field Day
- 3/13-Family Lunch Day
- 3/16-20 -Spring Break
- 3/23- No School
- 3/24-Family Wellness Night
- 3/26- Family Kickball Game
- 3/27- All Pro Dad
- 3/27-ROAR Rally
- 3/30-K-Kids Meeting

Area 1 Associate Superintendent: Mr. Ward Kennedy (727) 588-5023





Principal: William Durst

Leila G. Davis Elementary

MARCH 2020



Principal's Page...A Message from Mr. Durst

What an amazing month of celebration, activities, and learning for Black History Month. This month of celebration was capped off by the Clearwater Jazz Holiday Outreach Band giving students a glimpse into the history of jazz and the influence of black musicians on this uniquely American art

form. Looking ahead to March, I truly cannot believe Spring Break is just around the corner. Spring Break this year is March 16-20. This month also marks the end of the third grading period on March 13th. Please know that report cards will be coming home with all students on April 6th. I hope everyone enjoys a week of rest and relaxation with friends and family.

Upcoming State Testing Dates

27)725-7972

Our intermediate teachers and students have been working hard to prepare for the FSA Writing Assessment and Reading assessment for third grade. The assessment period begins with students in grades 4 and 5 taking the FSA writing assessment on Tuesday, April 1st and our third graders taking the FSA Reading Assessment on April 1-2. A detailed spring assessment schedule is included in this newsletter. Please make note of these important testing days and make sure your child arrives to school on time, has had a good breakfast, and is well rested. As always, thank you for your continued support of Davis and I look forward to seeing you around campus at our various events.

Safety Harbor Middle School Expo Night

March 10, 2020 5:30-7:00

Don't miss out on the opportunity to take a tour of Safety Harbor Middle School, meet the school administrators, faculty, learn about school programs and activities, find out about parent involvement opportunities, and learn about next year's schedule. The team at Safety Harbor is excited to meet you and show you all of the great things Safety Harbor Middle has to offer!

The 6^{th} grade guidance counselor will be visiting Davis this week to meet with 5^{th} grade students and will be bringing flyers to share about the Expo Night and the Course Selection sheets.

ESE Parent Survey

The annual Exceptional Student Education parent survey conducted by the Florida Department of Education will be available through May 31. The survey is an opportunity for ESE parents to provide feedback on their school involvement as well as to provide comments on the school their child attends. This type of parent input is critical in determining if the district will meet the requirements for the state's Annual Performance Report. A hard copy of the parent survey will be sent home with students and an electronic version is posted online at <u>www.esesurvey.com</u>





- Stay up to date by viewing our school website http://pcsb.org/davis-es
- Like us on Facebook at https://www.facebook.com/LeilaGDavisES/
- Follow us on Twitter at https://twitter.com/LeilaGDavis_ES
- Join us on Remind to receive text messages. Text @leilad to 81010
- Sign up for Peachjar e-flyers at https://www.peachjar.com



Mark your calendars for our Annual Spring Fling Event on Friday, April 24, 2020. We have lots of exciting things for you, so don't miss all the family fun!

If you know of ANY businesses willing to donate items for our SILENT AUCTION or if you are willing to get items for our silent

auction, please contact Sarah Weingart at buczny.sw@gmail.com.

If you would like to showcase your business at our Spring Fling, we are offering businesses a space to display their products and or services for a small donation of \$50. You will need to provide your own display tables, chairs and tents and have them set up by 4:30PM on the day of the event. Contact Mrs. Reed if you would like to set up a table at ReedDom@pcsb.org.

ALL PRO DAD EXPERIENCE – Raymond James Stadium Saturday, 3/7/20 at 9:00 at Raymond James Stadium (Promo Code: MEMBER)

All Pro Dad ADOPT-A-MILE: LANDMARK DRIVE Sunday, 3/8/20 at 9:00am Meet in school parking lot.

Kids vs Parents Family Kickball Game Thursday, 3/26/20 at 6:00pm Leila Davis baseball field

ALL PRO DAD- DAD'S DAY Monthly Meeting Friday, 3/27/20 at 7:45am Leila Davis Media Center







Greetings from the Café!

March 2nd is Dr. Seuss's birthday. I will have a coloring contest for all who want to participate. All the submissions must be relevant to a Dr. Seuss book. I will award prizes for the Top 3 submissions. I do have standard color sheets, but students can create their own pictures as well.

Please encourage your child to participate. The deadline will be March 06. I will most likely announce winners early the following week. I also will post drawings on our Café walls for all to see.

Just a quick reminder, if life throws you curveballs and you find yourself struggling financially, please know that you may

apply for Free/Reduced lunch at

www.myschoolapps.com anytime throughout the school year. If approved you would carry this status for the rest of the school year. You must always re-apply each new year to maintain status.

Credit card payments for lunch accounts can only be made on the <u>www.myschoolbucks.com</u>. The school only accepts cash or checks. If there are siblings you can write one check, and just notate in Memo to split up.

If you are curious as to what your student is choosing off the menu each day, you may view their purchases at www.myschoolbucks.com.

Susanne Borsari, Davis Café Manager 727 669-1235



Family Lunch Day: Feb. 13th

Weather Permitting!

All visitors must have a government issued ID to check in at the front desk. Please know your child's lunch time and wait for them in the courtyard or on the long bench in the cafeteria so you can take them outside for lunch. Make sure your child is on time to meet their class at the end of their

scheduled lunch time.

Just a reminder that all parents can have lunch with their children at *anytime*.

On non-family lunch days, parents can still have lunch with their children, but need to check their child out and eat either in the outdoor classroom in the front of the school or on the front steps. Students need to be back with their class at the end of their lunch time.



LEILA G. DAVIS ELEMENTARY

2630 LANDMARK DR.

Adopt-A-Class & Program Sponsorship

If you would like to help the school financially, your contribu- Davis Associate (up to \$99) tions directly impact our classrooms and school!

Davis Business Partner (\$350 and up)

Davis Dreamers (\$300 and above)

Davis Partner (\$200-\$299)

Davis Friend (\$100-\$199)



If you are interested in sponsoring a class, program, becoming a business partner, or donating to the school please see the front office, your child's teacher, or contact Dominica Reed at reeddom@pcsb.org for more details.



Volunteer Information

Volunteer of the Month

Sarah Buczny is our volunteer of the month for March. She has been working tirelessly on our Silent Auction that will be held during our Spring Fling event on April 24th. Sarah also steps up and helps out when someone needs a hand. She is always quick to

say, "I can help!" Sarah is so giving and helpful. We appreciate her so much for always going above and beyond!



Level II Fingerprints



Have you gone for your fingerprints for your Level II volunteer status, but have not gotten your Level II badge? If so, contact Dominica Reed at reeddom@pcsb.org so you can get your paperwork for your badge. All volunteers must stop by the front office to check in and receive a badge or sticker to wear while on campus. Please sign in and out on the Volunteer Sign In Sheet. Also, make sure you have coordinated your arrival time with your teacher . If you have any questions please contact Dominica Reed at <u>Reed-Dom@pcsb.org</u>



Remember, **ANY** activities at school, other than coming in to have lunch with your child, requires you to be a registered volunteer and have activated your

volunteer status for this school year. This includes field trips, holiday parties, Field Day, Spring Fling, classroom parties, etc. If you would like to participate and are not a registered volunteer, please register to become a volunteer at www.pcsb.org/

Lunch Pal Mentors Needed

If you love children and want to make a difference in their lives, please come mentor students in need of a good role model and have lunch with them during their 30 minute lunch once a week. Please consider taking the one hour class so you can become a Lunch Pal!

Sign up here to go to a Lunch Pal Training and Information:





03/05/2020 - Noon to 1:00p.m. Mentor Webinar - Listen and learn in your office or at home.

03/10/2020 - 3:00p.m. to 5:00p.m. City of St. Petersburg Water Resource Building, Conference Room, 1650 3rd Ave North, St. Petersburg

03/11/2020 - Noon to 1:30p.m. Pinellas County Schools, Administration Building, Room E111, 301 4th Street S.W., Largo

03/11/2020 — 3:00p.m. to 5:00p.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL

04/01/2020 - 9:00a.m. to 11:00a.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL

Business Partners 2019-2020





Kiwanis Club of Safety Harbor *P. O. BOX 312* Safety Harbor, FL 34695



2451 N. McMullen Booth Rd., Clearwater, FL 33759





ONE STOP KITCHENS & BATH

St. Petersburg 2599 22nd Ave, N, St,. Pete, FL 33713 727-328-8600 Oldsmar 37894 Tampa Rd, Oldsmar, FL 34677 813-895-3914





2560 N. McMullen Booth Rd., Clearwater , FL 33761

Nayana Wable Kumon Instructor KUMÛN

KUMON MATH & READING CENTERS

KUMON OF DUNEDIN 2141 Main Street, Suite D Dunedin, FL 34698 tel. 727 - 2281444 cell. 727 - 6315951 nayanawable@ikumon.com www.kumon.com



Counselor's Corner

<u>Classroom Lessons</u>

As a part of my comprehensive school counseling program, I visit classrooms approximately once every six weeks to provide direction instruction on a variety of topics. Classroom lessons fall into the academic, career, and/or personal-social domains are aligned with the Florida Standards, Florida School Counseling Framework, and the American School Counseling Association mindsets and behaviors.

In January, I provided lessons on the following topics:

Kindergarten – Showing others you care about them 1st, 2nd, 3rd, 4th – Child Safety Rules from Child Safety Matters 5th – Internet Safety

MIDDLE SCHOOL INFORMATION

5th graders will be bringing home a Course Request Sheet (Elective Sheet) in the first week of March. They will receive this form for the middle school that Focus shows they will be attending.

<u>Please be sure that we have your correct address to</u> <u>ensure you receive the correct middle school form.</u>

If you need to update your address, please bring in proof of residence to our DMT, Tabitha Ellis.

AVID Elective: For information about AVID electives in middle school, or to apply for the AVID elective for your child, please visit <u>www.pcsb.org/avidapp</u>

Homework Help

Clearwater Countryside Library Wednesdays from 3:00-5:00 PM

September 4 - December 4 January 15 - April 29 *any Wednesday that PCS schools are open

High school students are available to help elementary students with their homework. Please note this is not tutoring – it is strictly homework help.

PCS Homework Helpline

(727) 547-7223

Free homework help for students in grades 1-12 is available Monday through Thursday from 5pm to 8 pm on all school days (except when there is no school the following day). Vanessa Lofstedt, M.A. <u>Iofstedtv@pcsb.org</u> (727) 725-7972 x2010

NEW IN FLORIDA – REQUIRED CHILD TRAFFICKING PREVENTION EDUCATION

Florida now requires all students in Kindergarten through fifth grade receive <u>child trafficking prevention</u> education. In Pinellas County these lessons are taught by school counselors. In my February lessons with students in $1^{st} - 5^{th}$ grades, we discussed the 5 Safety Rules from <u>Monique Burr's Child Safety Matters</u> to help students identify red flags and what to do if they find themselves in an unsafe or uncomfortable situation. At the end of the lesson, students completed an activity to identify safe adults they could talk to. Students were asked to share this assignment with their families. Kindergarten students will complete this lesson in May.



Pack-A-Snack

Your child may be eligible to receive a bag of free food every Friday. All the food is nutritional and non-perishable.

If you would like to sign up for this program, please contact Vanessa Lofstedt, School Counselor at (727) 725-7972 x2010 or lofstedtv@pcsb.org.

Clothing Assistance

Clothes to Kids provides new and quality used clothing to lowincome, school-age children in Pinellas County, free of charge.

Requirements for Shopping at Clothes To Kids

(1) You must live in Pinellas County. (2) Your child(ren) must be school-age (4-year-old PreK-12th grade) and attend a Pinellas County school. (3) Your family must be considered in financial need of assistance.

If you receive free/reduced lunch, call Clothes to Kids at 441-5050 to schedule an appointment. <u>You will need your free/reduced lunch letter to shop</u>.

tips to reduce **TEST ANXIETY** in CHILDREN



PUT TESTS INTO PERSPECTIVE

- Encourage children to do their best, but remind them that one test won't make or break their future.
- Tell they will be loved and valued no matter what test score they earn.
- Explain this test will provide helpful information about what they're great at and what they still need to practice.

Big Life Journal

HELP THEM PRACTICE

- If your child is nervous, start by asking why they feel nervous.
- Consider finding practice tests online you can discuss together.
- Don't push your child to study for the test; these tests are meant to measure what your child already knows.

PROVIDE USEFUL TEST-TAKING TIPS

- Answer the easiest questions first, mark difficult questions and return to them later
- Use process of elimination, crossing out the answer choices you know are wrong
- Make an educated guess when needed
- Read all the answer choices before choosing one
- If penalized for incorrect answers, don't guess unless you can eliminate some answer choices
- If aren't penalized for incorrect answers, don't leave any questions blank. If time is about to run out, bubble . something for each unanswered question

29 TEACH CALMING STRATEGIES

- Experiment with calming strategies to find some go-to techniques.
- Remind they won't know every single answer on the test, and that's okay.
- Give them a plan for what they will do if they don't know an answer.
- Equip your child with a few strategies that effectively calm them. Spend some time practicing these strategies before test day.

PROVIDE ENCOURAGEMENT

- If your child voices a negative statement, like, "I know I'm going to fail," acknowledge your child's feelings: "I know you're feeling nervous about the test. Tests can be scary."
- Counter with a positive and encouraging statement: "You've practiced really hard and learned a lot this year. You might know a lot of the answers and get a higher score than you're expecting."
- You can also leave your child encouraging messages in a backpack or on the mirror with dry-erase markers.

HELP THEM FEEL THEIR BEST ON TEST DAY

- Choose movement and exercise
- · Get plenty of rest
- Stick to your usual bedtime routine
- Avoiding excessive screen time
- Providing a protein-rich breakfast in the morning, like oatmeal or eggs
- · Keeping conversation positive, encouraging, and lighthearted
- Share laughter and sing favorite songs on the way to school, if driving. Listen to our Big Life Journal playlists on Spotify!
- · Leave your child with a big hug and words of encouragement



BONUS





CREATE A FAMILY PASSWORD

A Family Password is designed to increase your child's safety and empowers them with the ability to make safe choices with confidence. A Family Password can be one word or a short phrase that has meaning to your family and is known within the immediate family. Use of the Family Password communicates to your child that they are safe and that you have knowledge of the word being used.

Create a Pickup Password

It's important to have a system for pickup after school or after extracurricular activities. Your child's safety depends on it. Most parents tell their child if someone else will be picking them up. Sometimes the parent might forget, or there may be an emergency that prevents the parent from being able to be there. Creating a Pickup Password enables your child to determine that it is safe to get in the car with someone other than you because that word has been shared by you with the person who is authorized to pick up your child.

You can have confidence that your child will know not to get into a car with anyone unless they know the correct password.

Empower your child with the tools to tell if someone is trying to get access to them without your approval. It is important that your child understand that if someone does not have the password, they are not to go with them without your approval, or share information with them, and that they need to tell an adult immediately.



For information on the Safer, Smarter Kids curriculum, visit **www.SaferSmarterKids.org.** For additional resources, visit **LaurensKids.org.** To report abuse, call the ChildHelp National Child Abuse Hotline at 1-800-422-4453, and you will be referred to your local abuse reporting agency.





Handwashing: Keeping Your Family Healthy

Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work, or other activities.

Help your child develop handwashing skills

Parents and caretakers play an important role in teaching children to wash their hands. Handwashing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the <u>five easy steps</u> <u>for handwashing</u>—wet, lather, scrub, rinse, and dry—and the key times to wash hands, such as after using the bathroom or before eating. You can find ways to make it fun, like making up your own handwashing song or turning it into a game.

Lead by example

Young children learn by imitating the behaviors of adults in their lives. When you make handwashing part of your routine, you're setting an example for your children to follow.

LIFE IS BETTER WITH



www.cdc.gov/handwashing





This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

Handwashing can prevent





respiratory infections, such as a cold or the flu



Give frequent reminders

Building handwashing skills takes time. At first, your child will need regular reminders of how and when to wash hands. It is especially important to remind children to wash their hands after using the bathroom, before eating, after touching pets, after playing outside, and after coughing, sneezing, or blowing their nose. But once handwashing becomes a habit and a regular part of your child's day, they will practice it throughout their lives.

What if soap and water aren't available?

Washing hands with soap and water is the best way to get rid of germs. If soap and water are not readily available, use an alcohol-based hand sanitizer that has at least 60% alcohol.

Did you know?

Baby wipes may make your hands look clean, but they're not designed to remove germs from your hands. CDC recommends washing hands with soap and water when possible.



Remember to make handwashing a healthy habit at home, school, and at play!

CVID CORONAVIRUS 19 DISEASE 19 STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.

Stay home when you are sick, except to get medical care.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19

Tips to Avoid Illness:

- 1. Eat Healthy: Fruits, Veggies, Lean Protein & Complex Carbs (i.e., whole grain pasta or grains)
- 2. Get Plenty of Rest: 8 9.5 hrs. of Solid Sleep
- 3. **Drink Water**: 8 8 oz. glasses per day = 2 Liters or ½ a Gallon.
- 4. Wash Your Hands w/ Soap & Water! Hand Sanitizer is the next best option if you don't have soap and water.
 - Wash after using the restroom
 - Wash if you sneeze or cough into your hands (best to cough/sneeze into your elbow.)
 - Wash before preparing food
 - Wash if you've helped someone who is sick

Avoid Touching these areas of your face!



EYES, NOSE & MOUTH

Change your lunch plans. Change a child's life.

March Mentor Workshops



It's easy to be a mentor — Attend a workshop. You will be matched with a school that is convenient to you. You will meet with a student on a day and time that works best for your schedule. Show up, listen, encourage and be a friend it is that easy! Conversation starters and resource materials are provide to assure that your experience is easy and fun. Support is always available. It's easy for your company or community organization to get involved join at LunchPals.org

03/05/2020 — Noon to 1:00p.m. Mentor Webinar - Listen and learn in your office or at home. (You will be sent a link for the Webinar)
03/10/2020 — 3:00p.m. to 5:00p.m. City of St. Petersburg Water Resource Building, Conf. Room, 1650 Third Ave., North, St. Pete.
03/11/2020 — Noon to 1:30p.m. Pinellas County Schools, Administration Building, Room E111, 301 4th Street S.W., Largo
03/11/2020 — 3:00p.m. to 5:00p.m. Pinellas Education Foundation, Wells Fargo Conference Room, 12090 Starkey Road, Largo, FL

Register for a workshop: Mentor Workshops or go to pcsb.org/mentor



ALL PRO DAD EXPERIENCE – Raymond James Stadium Saturday, 3/7/20 at 9:00 at Raymond James Stadium (Promo Code: MEMBER)

ADOPT-A-MILE: LANDMARK DRIVE Sunday, 3/8/20 at 9:00am Meet in school parking lot.

Kids vs Parents Family Kickball Game Thursday, 3/26/20 at 6:00pm Leila Davis baseball field

ALL PRO DAD- DAD'S DAY Friday, 3/27/20 at 7:45am Leila Davis Media Center

By: John Varlese Jr- Team Captain and proud father of a Third Grader

We have a busy month ahead of us, and it's going to packed with fun activities for the entire family to enjoy. For those that may not be aware about our All Pro Dad Chapter, we meet in the morning once a month at the school with our kids and have a great time embracing the wonders of fatherhood.

All Pro Dad's Day is an exceptional and fulfilling monthly event held at Leila Davis welcoming dads, along with all strong family role models (male or female), to spend quality time bonding with their children, strengthening their family relationships, along with building up an involved and dedicated grouping of families within the Davis Community. Come out and enjoy a welcoming breakfast together, discuss openly how proud you are of your kid(s), partake in character building exercises, explore some key parenting topics, and at the end of the meeting kids will even have an opportunity to win our monthly raffles.

We encourage our All Pro Families (Dads/Moms/Grandparents/or other strong family role models) to join us at our next All Pro Dad's Day Friday, March 27th at 7:45am in the school's media center, this month's topic will focus on "Courage". Courage is the ability to face and overcome fears. It is an important attribute of your child's character. Raising children to be courageous gives them the tools to conquer difficult challenges.

In addition to our monthly Dad's Day we also host various other events that encourage family involvement. On Saturday March 7th (9:00-Noon) our chapter will be joining other chapters within the Tampa Bay area to partake in a unique family bonding experiences on the field of Raymond James Stadium. If you would like to join us register online at <u>https://www.allprodad.com/event/2020-tampa-all-pro-dad-experience/</u> use the \$10 off promo code: MEMBER.

The following day on Sunday March 8th (9:00-11:00am) join us as we continue our efforts in keeping our community clean through our Landmark Drive Adopt-A-Street Program. We launched this program back in November with great success, and we thank those families that came out and collected over 26lbs of trash. Great Job! Our All Pro Dad Chapter will continue take on this responsibility three times a school year.

Also, on Thursday March 26th at 6pm, the battle you all have been waiting for Kids vs Parents in the ultimate showdown with winner taking home all the bragging rights. Join us for our Family Kickball game and partake in some lasting memories while enjoying some physical exercise along with pizza, and light snacks provided by our tremendous PTA.

And lastly thank you to Van Dough Mini Doughnuts and Ice Cream for their generous support in sponsoring our February Breakfast last month.



ALL PRO DAD'S DAY hosted in the media center

FRIDAY MARCH 27 7:45AM

TOPIC: COURAGE

• • • ·	WHAT	TO	EXPECT)

- 1) Breakfast
- **Pride Exercise** | Tell your child why you are proud of them
- 3 Character Building Topic
- Team Up | with other Dads and Kids
- 5) Discussion Time
- **Pro Tip** | Take Home Activity
 - Prize Time | Team Captain will Raffle off prizes

For more information email allprodad_leiladavis@aol.com











#DAVISALLPRODAD

FAMILY EVENT

EVERYONE IS WELCOMED TO PLAY PIZZA, SNACKS, AND DRINKS BRING YOUR OWN LAWN CHAIRS

March 26th • 6:00pm

ALL WHU UAU DS VS PARENTS

ALL PRO DAD.

MARCIE PCS Elementary School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
NSBW March 2-6	2 Pancake Pup	3 Bacon, Egg & Cheese Pizza	4 Biscuit & Sausage Gravy	5 Egg, Ham & Cheese Sandwich	6 French Toast & Chicken Bites
March 2-0		National	School Breakfas	t week	
SCHOOL BREAKT	Choose One:	<u>Choose One:</u>	Choose One:	Choose One:	Choose One:
A	ABCD Chicken Nuggets w/ Roll	Breakfast for Lunch	Pasta & Meat Sauce or Meatballs,	Featured Item:	Pizza Variety
	Max Cheese Sticks	Pizzaboli	OR Beef Ravioli & Roll	Bacon Cheeseburger	Ocean Treasure Fish Nuggets
SCHOOL	Fruit & Yogurt Plate	Chicken Caesar Salad	Chicken Nuggets w/ Dip Cup	Grilled Cheese	w/ Roll
BREAKFAST	Deli Meat & Cheese Sandwich	Jamwich Kit	Yogurt & Fruit Parfait	Apple A Day Salad	Chef Salad
out of this World!	Choose: Country Baked Beans	<u>Choose:</u>	Ham & Cheese Croissant	Chicken Caesar Wrap	Turkey & Cheese Hoagie/Sandwich
	Marinara Cup * Veggie Dippers	Deli Roasted Potatoes	<u>Choose:</u> Crispy Fries	<u>Choose</u> : Tomato Soup	<u>Choose</u> : Spinach or Collard Greens
DAILY BREAKFAST		Marinara Cup * Romaine Side Salad	Sliced Cucumbers	Mixed Side Salad	Fresh Veggie Dippers
CHOICES					
Hot or cold breakfast choic- es are available daily, <i>i.e.</i> :	9 Egg & Cheese Croissant	10 Scones (3 flavors!)	11 Mini Eggo Confetti Pancakes	12 Sausage Biscuit or Sausage & Grits	
Breakfast	<u>Choose One:</u>	<u>Choose One:</u> Cheese Sticks & Toasted Ravioli Boat	<u>Choose One:</u>	<u>Choose One:</u>	<u>Choose One:</u>
Sandwich, Pancakes, Cereal &	Chicken Sandwich	Corn Dog <i>OR</i> Hot Dog	Popcorn Chicken w/	Featured Item:	Pizza Variety
Toast, or Cereal Bar & Toast.	Loaded Beef & Cheese Nachos	Chicken Caesar Salad	Mashed Potatoes & Gravy Rotini w/ Meatsauce	Chicken & Waffle	Fish Sticks o' the Sea w/ a Roll OR
Must choose at least 1: Fruit	Fruit & Yogurt Plate	Jamwich Kit	Yogurt & Fruit Parfait	Cheese Quesadillas	Soft Shell Fish Tacos
or Juice.	Deli Meat & Cheese Sandwich	Choose:	Ham & Cheese Croissant	Apple-a-Day Salad Chicken Caesar Wrap	Chef Salad
May choose 1: Milk	Choose:	Steamed Broccoli Florets	Choose:	Chicken Caesar Wrap Choose: Battered Sweet Potato Fries	Turkey & Cheese Hoagie/Sandwich Choose:
Skim, Low Fat White, or	Country Baked Beans	Marinara Cup	Corn Niblets		Green Beans
Fat Free Chocolate. DAILY LUNCH CHOICES:	Fresh Veggie Dippers	Romaine Side Salad	Sliced Cucumbers	Salsa Cup * Mixed Side Salad	Fresh Veggie Dippers
Choose 1: Entrée.					
Must choose at least 1: Fruit	16	17	18	19	20
or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.		~~~ SPI	ing BRI	FAK ~~~	
Available for lunch daily:	23	24 Scrambled Egg, Bacon & Biscuit	25 Mini Maple Pancakes	26 Chicken Waffle Sandwich	27 Cheese Omelet w/ Toast
Meat or Meatless Entree, Entree	-	Choose One:	Choose One:	Student Choice Menu	Choose One:
Salads, Cold Sandwiches, Hot & Cold Vege-	No School	Beef or Pork Tacos	Mandarin Orange Chicken Bowl	Students choose the	Pizza Variety
table choices, Variety of Fruits		Cheesy Bread	Macaroni & Cheese	hot entrees &	Teriyaki Beef Dippers w/ Rice & Roll
(fresh or cupped)	For	Chicken Caesar Salad	Yogurt & Fruit Parfait	vegetable options!	Chef Salad
& Juices	107	Jamwich Kit	Ham & Cheese Croissant		Turkey & Cheese Hoagie/Sandwich
	0.1.	Choose: Marinara Cup	Choose:	Entrée Salad: Apple-a-Day Salad	Choose:
Pinellas County Schools	Students	Refried Fiesta Beans	Steamed Broccoli Florets	Sandwich: Chicken Caesar Wrap	Mixed Vegetables
FOOD AND NUTRITION		Romaine Side Salad	Sliced Cucumbers	Side Salad: Mixed	Fresh Veggie Dippers
	20 Describe Des				De Correct Birth door St
	30 Pancake Pup	31 Bacon, Egg & Cheese Pizza	Florida	While white is the most	Dr. Seuss' Birthday & Read Across America!
ENERGY FOR EDUCATION	Choose One:	<u>Choose One:</u> Brockfast for Lunch	HARVEST	common color for Fresh from Florida	March 2nd
	Chicken Tender Basket	Breakfast for Lunch Pizzaboli	MONTH	Cauliflower,	
Mielt subsidier and fai	w/ Crispy Fries & Roll	Chicken Caesar Salad		you'll also find this	
Visit nutrislice.com for Menu & Nutrition Infor-	Max Cheese Sticks	Jamwich Kit		vitamin rich	Participating schools
mation, & to download the app on your mobile device!	Fruit & Yogurt Plate	Choose:		powerhouse	will be serving
	Deli Meat & Cheese Sandwich	Deli Roasted Potatoes		in shades of purple, orange,	Green Eggs & Ham
U nutrislice	<u>Choose:</u> Country Baked Beans Marinara Cup * Veggie Dippers	Marinara Cup * Romaine Side Salad		& green!	A start

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